**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, September 25, 2013

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental ~~Health~~ Wellness/Substance Abuse Prevention

**Short term targets:**

* Review all plans/resolve problems for Oct 4, 2013 Summit for Healthy Children Event focused on physical activity
  + Registration
  + Venue
  + Agenda
  + Breakout Sessions
  + Budget
* Determine assignments and next steps for February 21, 2014 Summit for Healthy Children Event (focus on nutrition/competitive foods)

**AGENDA**

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| **3:30-3:35** | Welcome and review agenda |
| **3:35-3:40** | Introductions |
| **3:40-3:45** | ***Registration: (Mary)***   * Invites – Mary/Lisa will send a “not too late” email that we can forward to individuals tomorrow; Mary/Lisa will send info out to all registrants on Wed 10/2 on parking, agenda, etc * Number of attendees – 174 registrants to date * Sign in – 4 UM students (Steve); Deanna, Becca, Linda, Karen/Heather * Folders/bags (agenda, resources/handouts, “swag”) Mary/Lisa will have all bags stuffed; UM students will hand out bags after (not part of registration) * Breakout session placement - Lisa |
| **3:45-3:50** | ***Venue: (Steve)***   * Location * Time * Food * Set-up (technology/furnishings) main session recorded by MCAT * Signage |
| **3:50-3:55** | ***Agenda: (Mary)***   * Welcome * Keynote * Breakout Session * Conclusion |

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| **3:55-4:00** | ***Breakout Sessions: (Steve)***   * Zero hour activity * Active Recess * Access to Physical activity * After school Physical Activity * In class activity – Take 10! |
| **4:00-4:05** | ***Budget (Steve/Mary)***   * Venue (free? $350 for breakout rooms?) * Food ($7.50/person) * Keynote travel (approximately $1500 – includes graduate student) * Keynote honorarium (?) * Funding sources:   + UM/MCPS SHAPE P20 grant: $3300 from Gaskill’s portion of grant that was going to focus on Franklin program but this will be broader??   + $1000 from Health Department? |
| **4:05-4:40** | Determine assignments and direction for February 21st Summit with focus on nutrition/competitive foods   * Registration – Lisa (Health Dept) * Venue Steve (UM) * Budget Heather (MCPS) * Agenda – Lisa (Health Dept); Linda/Heather (MCPS)   + Keynote   + Breakout Sessions |
| **4:40-5:00** | Closing and next steps: Review who will complete what  ***NEXT MEETING DATE AND TIME***   * Wednesday, October 23, 3:30-5pm, MCPS Admin Building Room 14 |

**February 21st Event planning notes:**

* Linda will contact Carla Cox about joining the committee, finding experts for our keynote
* Steve will connect with nutritionists at UM to see if one is interested in joining our committee
* Donna will contact St Pats nutritionist to see if one is interested in joining our committee
* Institute of Medicine and the CDC both have experts in the area of competitive foods
  + Looking for policy experts
  + Looking for those who have made these changes in schools/communities already
* Working titles, directions (find different language to communicate what we mean by “competitive foods”:
  + The brain on healthy food…demonizing the cupcake
  + What does a healthy day at school look like
  + Right food, right time, right place